Growing up can be a confusing time in any teen’s life. Family members, friends, the media and/or traumatic life events or stress can severely affect a teen and eating, or not eating, becomes a way of coping with problems. Along with emotional and psychological effects, having anorexia, bulimia or binge eating can have harmful effects on the body, especially to their mouth.

Power Point Presentations
*Presenter Version
Handout Version

Activity
Crossword Puzzle
Word Scramble
Jeopardy
Pre–test
Quiz

*available online at www.sharethecaredental.org