Dental Health in Teens: Teen Eating Disorders
10 Question Quiz

1. Eating disorders are often a form of coping with stress and problems.
   A. True      B. False

2. Which of the following can influence eating disorders?
   A. Family members and peers      B. Stress and traumatic life events
   C. Media’s unrealistic show of body image  D. All of the above

3. Which type of eating disorder(s) is characterized by eating too much followed by purging?
   A. Anorexia Nervosa    B. Binge eating
   C. Bulimia Nervosa     D. A and C

4. Which of the following is/are characteristic(s) of Anorexia Nervosa?
   A. Consuming minimal amounts of food
   B. Purging after eating
   C. Having a distorted body image
   D. Uncontrollable eating
   E. A and C

5. Anorexia Nervosa affects males and females equally.
   A. True      B. False

6. Which following is/are health consequence(s) of Anorexia Nervosa?
   A. Fainting, fatigue and overall weakness
   B. Severe dehydration and irregular heartbeat
   C. Dry mouth
   D. All of the above

7. All of the following are characteristics of Bulimia Nervosa, EXCEPT:
   A. Dehydration from purging
   B. Secretly eating large amounts of food
   C. Consuming minimal amounts of food
   D. Extreme weight loss

8. Which of the following IS NOT a health consequence of Bulimia Nervosa?
   A. Erosion of tooth enamel from vomiting
   B. Decreased salivary flow leading to bad breath
   C. Dehydration from purging
   D. All of the above

9. Which of the following eating disorders do teens suffer from most?
   A. Anorexia Nervosa
   B. Bulimia Nervosa
   C. Binge eating
   D. A and C

10. Early detection and intervention is important for treating eating disorders.
    A. True      B. False