

Dental Health in Teens: Teen Eating Disorders

10 Question Quiz

The answers to the question will be in **bold and underlined**

- Eating disorders are often a form of coping with stress and problems.
A. True B. False
- Which of the following can influence eating disorders?
A. Family members and peers B. Stress and traumatic life events
C. Media's unrealistic show of body image **D. All of the above**
- Which type of eating disorder(s) is characterized by eating too much followed by purging?
A. Anorexia Nervosa B. Binge eating
C. Bulimia Nervosa D. A and C
- Which of the following is/are characteristic(s) of Anorexia Nervosa?
A. Consuming minimal amounts of food B. Purging after eating
C. Having a distorted body image D. Uncontrollable eating
E. A and C
- Anorexia Nervosa affects males and females equally.
A. True **B. False**
- Which following is/are health consequence(s) of Anorexia Nervosa?
A. Fainting, fatigue and overall weakness B. Severe dehydration and irregular heartbeat
C. Dry mouth **D. All of the above**
- All of the following are characteristics of Bulimia Nervosa, EXCEPT:
A. Dehydration from purging B. Secretly eating large amounts of food
C. Consuming minimal amounts of food D. Extreme weight loss
- Which of the following is NOT a health consequence of Bulimia Nervosa?
A. Erosion of tooth enamel from vomiting B. Decreased salivary flow leading to bad breath
C. Dehydration from purging **D. None of the above**
- Which of the following eating disorders do teens suffer from most?
A. Anorexia Nervosa B. Bulimia Nervosa
C. Binge eating D. A and C
- Early detection and intervention is important for treating eating disorders.
A. True B. False